

SAVAGE LOVE

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letters

GIVE US MORE LETTERS!

Kudos to *Eugene Weekly* as the only local news source with a “letter to the editor” section. This has become a relic of journalism, and I am grateful you have resurrected this important feature. Even KLCC doesn’t have a way to respond to their stories. You are unique. Thank you.

*Brad Stewart
Eugene*

THE VERBAL ABUSE IS REAL

All my life, I never understood violence as an alternative to legal means. At age 75, I now get it. Laws in Oregon only speak to abuse or harassment in cases where something physical happens, verbal abuse is allowed.

I am the target of a neighbor who suffers mental health issues — and/or she is just a vindictive, awful human being. She has verbally abused me for years, standing in her backyard, tantruming like a 2 year old, accusing me of unspeakable things, calling me names I don’t care to repeat.

I have reported her to the police and CAHOOTS many times. They say there is nothing they can do about it. She has the right to free speech. Her parents own the house, appeals to them result in them saying they can’t control her behavior. I live in fear she will verbally attack me again. Do you get that? I’m unsafe in my own yard!

I’m unable to access information about who subsidizes her living situation, who her caseworker is or how to report her behavior to the agencies who support her independent living circumstances.

I’ve contacted my county commissioner, my city council member, the mayor, Adult Protective Services, to no avail. The agencies I pay taxes for can do nothing.

How does this get fixed? I suspect it won’t be in my lifetime.

*Nancy Maniago
Eugene*

DON’T LET THE SKUNKS BACK IN

Regarding Brian Palmer’s dire prediction about re-electing President Joe Biden (Letters, 6/6), do your research on the programs and policies that Democrats have enacted for the last four years to the benefit of us all, then compare them to the Trump-era policies and programs, especially noting who benefitted from those huge tax cuts in 2018.

The only real areas that are not yet resolved by this administration is the number of people illegally entering our country (note that the Rs were told to vote down a bi-partisan immigration bill by brainy Smurf Trump so he could use

inaction as a campaign cudgel) and the sick amounts of fentanyl coming into our country via China. Those two things are directly related to someone who’s rich wanting to get richer. They’ll probably never go away.

The wealthy in every country are the ones who get into office and write the laws that we all must live by, interestingly, and also the ones that specifically exempt them from paying their fair share of taxes. At least the Ds actually do trickle down some money and perks for the masses. You think Trump cares about lead water pipes, falling bridges or higher education for regular folk? Not unless he and his ilk can profit from the outcome. Big corporations (who are inflating all consumer goods, especially gas) and including the majority of SCOTUS, want him back in office “Bigly.”

If we want to continue to be a free nation, our elections make the difference. Choose to have an equal say in your life or roll over and let the skunks back in the tent.

*Annie Kaynor
Eugene*

SMART METER RESPONSE

The “Meter War” article (*EW*, 6/13) touches on complicated proliferating wireless controversies about which most are unaware: health hazards, fires, erroneous bills, 4th Amendment privacy violations; effects on pollinators and sentients.

It missed the Children’s Health Defense historic victory in 2021 in the U.S. Court of Appeals D.C. Circuit case suing “capricious” FCC for using 30-year-old wireless technology harm standards. Eleven-thousand pages filed. By 2024, FCC, “captured agency” per Harvard article, failed court directives.

Donate to legal expenses against EWEB, some plaintiffs suffer from electromagnetic hypersensitivity: besides \$1,625, \$12,000 raised: Givesendgo.com/sueEWEB

Correction: I do not have epilepsy from cell use — “she became epileptic after using cellphone for over 25 years.” I said that using a cell 24 years, not hours a day, like recent users, a “strobe-like white light” was in my head when going to sleep, never occurring after “eliminating” cell use now 25 to 50 hours a year. A professor emeritus suggested it is a warning that a “user” is on the verge of seizures. I never developed epilepsy.

Also, I had Wi-Fi, removed it a decade ago after learning about health hazards, reinstalled it when friends visited last summer and rarely use it.

I have not done “shielding,” and no Stetzer filters! Research shows that shielding may reduce radiation-dirty electricity even if the radio is turned off.

Clarification: Per 30-year radio frequency systems engineer, smart meter transmissions are pulsing microwaves,

and switching power modes is more hazardous than mentioned.

I can document that I knew more about hazardous smart meters than EWEB engineers. Women’s bodies and 8,000 hours of research don’t lie.

*Kathy Ging
Eugene*

TIME TO GET OUR ACT TOGETHER

I respectfully suggest it’s time to get our act together. We spend oodles on cops, and 4J squandered a bunch on a new building, but nobody’s talking about the mayhem that will occur when the Cascadia fault rips a magnitude 7 to 9 quake through the Whiteaker.

We start by housing everyone who needs it in community supported shelters with Conestoga huts located on public land convenient to bus routes.

We issue free LTD passes. Parents will travel with kids to local school for breakfast and a sack lunch then go to four hours of work — landscaping (our parks will be healthier with hand weeding instead of Roundup), child care, food service and retail, clerical work, health care transportation, activity and nutrition aides.

The most economical way to ration health care is to give everyone one yearly wellness check at a local Medicare clinic — labs, physical assessment and a lengthy, unhurried discussion of the social situation and personal health goals. For example, I want to help those coping with the social isolation of living with a neurodivergent partner and help make our bathroom ADA friendly. Everyone who is able should engage in a half hour of weight bearing exercise three times a week to reduce deadly visceral fat and improve mood.

Using the Head Start kitchens on North Grand Street, neighborhood volunteers and Lane Community College culinary students could prepare a hearty meat optional casserole, bread and fruit cobbler for takeaway twice a week.

*Joi Cardinal
Eugene*

THE REST OF THE STORY

The Lane County multi-use stadium opened my eyes as to how the news is not reported.

This last primary election, roughly 40,000 registered voters in Eugene voted. More than 30,000 voted down the multi-use stadium, approved the 4J bond and gave Kaarin Knudson the needed 75 percent to be next mayor. This is a minority deciding. Would not the news media run a story on this, the low turn-out? Lane County registered voters, 176,000 did not vote. There is a story and yet it is ignored.

Mayor Lucy Vinis said she is not run-

ning in a room that has campaign posters for Knudson. Would not a reporter look into this?

Taxpayers are going to pay \$100 million for the multi-use stadium. What about all the funding that totals \$94 million? How would the taxpayer be paying \$100 million?

Those against said the Ems were not filling up the hotel rooms. These people either worked for the hotel/travel industry. To fill the rooms you need tourists. Is tourism more important than providing for the community? Another good story not reported.

I could point out more, but I’m limited to 250 words.

There are two sides to every story, but that only one side was being reported. News media should report both sides, but this is not happening.

As Paul Harvey would say, here’s the rest of the story. That’s not true in this community.

*Steven Hunnicutt
Eugene*

CLARK IS A SUPERSTAR

Basketball superstar Caitlin Clark has been a huge inspiration to female athletes all over the country and much in the news lately.

Is that why she’s so immensely popular, or is it her record-shattering performance on the court? Or that she can drop three-pointers almost at will? Or that she’s thrilled legions of fans, both as a collegiate athlete and with the WNBA? Or that she can pack stadiums?

No — for months, liberal media have told us that Clark’s popularity is largely due to her white and straight privilege. Sunny Hostin of *The View* added “tall and pretty” privilege to the mix. Angel Reese is tall and pretty — does that explain her stellar performances? Jemele Hill and others have jumped on the white privilege bandwagon, as have some of Clark’s apparently jealous WNBA opponents.

On June 6, Clark put up 30 points and nailed seven three-pointers in her team’s win. “White privilege” had nothing to do with that.

Society preaches to Black Americans that white people are their enemies and their oppressors, and many seem to believe that. I’ll offer a couple inconvenient truths for the “straight white privilege” preachers: First, the “privilege” that Clark enjoys is talent. Second, most Americans are “white and straight,” and a growing number of them are fed up with the petty, divisive woke bullshit that has infested our society.

Thanks to Charles Barkley, Bill Maher and others for giving Clark the recognition she has so thoroughly earned.

*Jerry Ritter
Springfield*



Courtesy Save TV Butte

TV Butte Dispute Continues

CONTROVERSIAL EFFORTS TO REZONE FOREST LAND NEAR OAKRIDGE INTO A GRAVEL MINE CONTINUE, YEARS AFTER IT WAS FIRST PROPOSED

By Eve Weston

A mining company associated with Ed King of King Estate Winery is making another attempt to convert TV Butte, a forested area near the rural community of Oakridge, into a gravel mine.

The Lane County Planning Commission met Tuesday, June 18, to review the new application in a work session and public hearing. After a public hearing, the commission unanimously decided to postpone deliberations on the application's approval to a later date.

Old Hazeldell Quarry has submitted a new proposal in July 2023 to rezone two tax lots that are home to a sizable elk herd. King's Crown Properties LLC purchased the lots in 2006 from the Murphy Company, a local plywood supplier. The quarry submitted its first application for the rezoning of the lots in 2015.

The proposed site is located just east of Oakridge and north of Highway 58. The primary environmental concern is the possible impact on local wildlife. A herd of about 300 elk are known to frequent the area and could be significantly affected by mining. A disruption in habitat could cause stress and displacement, affecting the herd's long-term survival.

The site is so close to Oakridge that activists are concerned about noise and dust pollution. Noise from blasting, drilling, transport trucks and heavy machinery could affect not just wildlife but also the quality of life for Oakridge residents. Mine opponents say another concern is an old landfill on the site they say could leak pollutants.

Michelle Emmons, president of the Oakridge Westborough Chamber and director for the Oakridge Trails

Alliance, says a mine on TV Butte will negatively impact Oakridge's environment and wildlife.

"It's not like you're gonna just move a herd of adult elk from one point to another," she says. "It'd be difficult to program wildlife to different spaces."

Both tax lots are considered Goal 5 protected territory. Oregon's Goal 5 requires applicants to conduct environmental, social and economic consequence analyses before construction. The quarry must prove it will provide a significant aggregate resource to benefit the public and that its operations will not substantially disrupt wildlife.

"That's the stumbling block for Mr. King right now," says Robert Emmons of Land Watch Lane County, a local land-use nonprofit. Robert Emmons, no relation to Michelle Emmons, says the quarry's legal team will likely be able to navigate and overcome dust and noise pollution issues to push ahead with the quarry.

"Those are usually easily dealt with by the companies," Robert Emmons says, "They have set ways to respond to that stuff." In its application, the quarry says it will spray water during mining and transport to reduce dust. The quarry claims it will maintain a 50-foot natural land/vegetative screen to minimize operational noise.

The application says the quarry will be constructed in phases to allow local wildlife to adapt to changes gradually. The presence of big and peripheral game is what has prevented the application from making headway in the past. Peripheral game refers to wildlife that lives on the edges of primary game habitats and commonly ventures into those areas. The new application includes an assessment from Northwest Resource Solutions, an environmental consulting agency based in Roseburg.

In the Northwest Resource Solutions' environmental

assessment, wildlife biologist Jason Robinson writes that the combination of phased construction, noise mitigation and dust mitigation will effectively minimize the displacement of local wildlife in accordance with Goal 5 standards.

In an email to *Eugene Weekly*, quarry spokesperson Phil Donovan writes, "We're mindful that siting an environmentally safe quarry is an exhaustive process. We want to get this right and are willing to do the work required to respect the process."

The Lane County Board of Commissioners approved the quarry for the first time in 2016, but activists were able to prevent its approval through the Oregon Land Use Board of Appeals. Since then, the mine has been embroiled in ongoing legal and environmental battles that have prevented its approval.

Five acres of land on the proposed mine was a landfill from 1951 to 1968. Michelle Emmons says the mine may disturb and leak pollutants from this old landfill. In its application, the quarry states it will maintain a 25-foot boundary from the landfill site.

"There are several photos and other documentation of toxic chemicals being buried there," says Michelle Emmons. The location of the old landfill is close to the proposed crusher site. A crusher breaks down large rocks into smaller aggregates.

"They have a crusher which is sending reverberation into the ground," Michelle Emmons says. "What effect is that going to have in sending toxic waste underground to the water table?"

The application will be reviewed for approval at the next Lane County Planning Commission meeting, July 2. Find out more about the efforts to fight the proposed mine by searching "Save TV Butte" on Facebook.

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Homeless Counts

A NEW SURVEY OF LANE COUNTY'S UNHOUSED FINDS MORE EMERGENCY SHELTER BEDS IN USE

By Amelia Winkelman

The number of unhoused people living in Eugene has remained stubbornly consistent over recent years, but new data show the changing ways the homeless here and across Lane County are spending their nights.

More unhoused people are finding temporary shelter than a year ago, Lane County officials say, thanks to their push for more low-barrier shelter beds.

Incoming Mayor Kaarin Knudson says, "Locally, we've made progress in some areas thanks to focused investments — fewer people are unsheltered compared to last year, for example."

The new numbers come from the annual Homeless Point-in-Time Count, a one-night census to capture a snapshot of the unhoused in communities across the U.S.

Communities are required to carry out the count by the U.S. Department of Housing and Urban Development, which uses the data to help decide whether to allocate federal funds for housing and services to the unhoused. HUD also uses the data to make direct comparisons among cities.

HUD data have for years shown the Eugene/Springfield area with among the nation's highest numbers of unhoused, given the overall population.

"It's really meant to be a snapshot by which they gauge the overall trends," says Jason Davis, the outreach informa-

tion officer for Lane County Health and Human Services.

This year's count took place on Jan. 31 and involved surveying homeless shelters while scores of volunteers interviewed unhoused people in alternative shelter programs like Rest Stops, microsites, and sanctioned vehicle camping.

The count identified 3,085 unhoused people, a 9 percent increase over last year. Nearly half of those people are chronically homeless.

County officials note one bright spot: The share of people who have some shelter at night is increasing, up 39 percent over last year.

County officials say nearly 300 more emergency shelter beds have been made available since last year through 10 different service agencies. They credit an emergency order issued by Gov. Tina Kotek in 2023 that awarded \$18.5 million to Lane County to fund its homelessness reduction strategy.

For years, housing experts have seen the annual point-in-time count as necessary but flawed. The survey inevitably misses many unhoused people.

In 2021, Lane County launched an ongoing list of unhoused people. The county uses its Homeless Management Information System (HMIS) and Homeless By-Name List to collect data about unhoused individuals to better match people with housing and other services.

The HMIS estimates run higher than the annual point-

in-time count because the numbers reflect information collected during an entire month, not a single night.

White Bird Clinic, which provides crisis, social, behavioral and health care services to people in need, participates in the PIT count by reporting its findings to Lane County through the HMIS system.

White Bird Clinic's executive director, Jeremy Gates, says HMIS is the best tool Lane County has for understanding how to help its unhoused population.

If someone spent the night in a jail, hospital or temporary shelter due to harsh weather, the PIT survey question "Where did you stay last night?" could lead to inaccurate counts, Gates says.

But, "while not a perfect system, it does allow for a singular data gathering spot," he says of the PIT count.

The Homeless By-Name List identified 4,295 unhoused people during January, about 1,200 more than the one-night survey identified. The HMIS count of unhoused people in May was 4,747.

Knudson says, "Any other challenge a person faces is better addressed when they have a stable place to be. Eugene and Lane County need more affordable, supportive, age-friendly, equitable housing solutions. As we build those long-term solutions, we need to bridge the gap with transitional shelter and support." And that, she says, can be done through partnerships.

slant

• We asked for some to-dos for our new mayor Kaarin Knudson when she takes office.

We reported the earlier suggestion we received, that the sidewalks be repaired, especially in high traffic areas. Now we hear folks want to maintain our city's urban growth boundary and prevent sprawl (some local NIMBYs may not like that). What other suggestions do you have for incoming Mayor Knudson? Let us know in an email to Editor@EugeneWeekly.com — or Letters@EugeneWeekly.com if you want it in print.

• **OPB recently broke the news that the two new leaders of Oregon's Planned Parenthood affiliates are pushing to dissolve the political arm of their organization, Planned Parenthood Advocates of Oregon.** Sara Kennedy, president and CEO of Planned Parenthood Columbia Willamette, and Amy Handler, Planned Parenthood of Southwestern Oregon president and CEO, provided this statement:

"Advocacy remains a top priority for Planned Parenthood in Oregon — and there will be no changes to our advocacy efforts prior to the November election. The board of Planned Parenthood Advocates of Oregon has hired a facilitator to lead us through a process that considers the

structure and policy agenda of future advocacy efforts. The shared goal is to build and strengthen a Planned Parenthood advocacy organization that aligns with the evolving needs of our patients, the core health care mission of our organizations, and the need to preserve and to expand reproductive rights across the state of Oregon and Southwest Washington."

• Pacific Northwest baseball fans are jumping on the Mariners' boat.

Seattle's Mariners are red hot and way ahead of the West division of the American League. Catch Amtrak from Eugene to the stadium and take in a game. It's fun.

• The November election coverage already has us really freaking stressed.

A weird moment of humor was in the recent *New York Times* article about "Robert F. Kennedy's Conspiracy of Ravens." The fringe candidate has tamed a couple ravens but apparently couldn't take his pet emu that liked to attack his wife. Our favorite line? When setting up an interview over the phone, the reporter writes of hearing a raven caw in the background. "I had many questions, the most pressing of which was:



MAYOR-ELECT
KAARIN
KNUDSON

Photo by Todd Cooper

'Can I meet the ravens?' (Another, left unspoken, was: Are they after the brain worm?)"

• The U.S. Olympic Team Track and Field trials are June 21 to 30

— in case you were wondering why hotel rooms are crazy spendy right now. We hear folks are organizing a "No Olympics during a genocide" protest. Interested? Head over to Washburn Park 5 pm Friday, June 21.

• The Black Pioneer Monument Project

at Alton Baker Park "seeks to have the foundational pioneering Black families, their lives, legacy and neighborhood's destruction properly acknowledged by the city of Eugene and Lane County — by erecting a sizable monument in Alton Baker Park. The monument will be a marker of the Black community's collective history in Eugene and Lane County during the 1940s." Search "The Black Pioneer Monument Project" on Facebook to take a survey on the project. The People's Collective writes on the survey that at 2 pm July 21 there will be a ceremony at Alton Baker Park where the "public will be informed more about the monument project, the history behind its creation, provided an opportunity to see a model of the statue, and be in community."

SLANT INCLUDES SHORT OPINION PIECES, OBSERVATIONS AND RUMOR-CHASING NOTES COMPILED BY THE EW STAFF. HEARD ANY GOOD RUMORS LATELY? CONTACT CAMILLA MORTENSEN AT 541-484-0519, EDITOR@EUGENEWEEKLY.COM

SEEKING PROTECTION

Stalking and restraining orders and the justice system

BY CAMILLA MORTENSEN

On the morning of May 24, a 39-year-old woman drove a gold Kia Soul to the *Eugene Weekly* offices, walked in and screamed, “I know where you fucking work, bitch!” She then walked outside and threw an avocado-shaped rock at the newspaper’s front windows hard enough to crack the glass and break the rock in two.

The bitch she sought was me. I wasn’t there at the time, but our office manager, JJ Snyder, who came face to face with the woman, was freaked out.

“My first thought,” she says, “was that this must be the same person who had sent the disturbing emails, as she referenced herself as being ‘the real slug queen.’ My second thought was that she needed help, and that I had better lock the door behind her.”

I knew the rock-thrower. I’d never met her, but for the past year, the rock-throwing woman’s disturbing emails included racist rants, conspiracy theories, and to me, threats like “I’ll beat your face with a brick and live on a tent outside the EW.”

It’s the nature of editing a newspaper in this turbulent time that I hear from a lot of angry people. Often, the really angry people are not merely upset about a story we published. They can become obsessed with the news organization itself and even a name they see in the paper, whether they know the person or not.

I knew that this woman had targeted other people with threats online. (She cc’d me and other people on the emails.) I had reported her threats to the police seven months earlier, but since she appeared to be out of state at the time, the police really couldn’t do anything.

We reported the window-bashing to the police, and I thought that’s all I needed to do.

Nearly 3.4 million people a year said they have been stalked online or in what law enforcement calls “traditional” stalking — following their victims, showing up at their homes or places of work, or harassing friends and family — in 2019, according to federal Bureau of Justice statistics.

One out of every three women reported they have been stalked, but one of every six men also reported being targeted. Sixty-nine percent of female and 80 percent of male stalking victims were threatened with physical harm, according to the Centers for Disease Control and Prevention. Even without being injured, the target can live in fear.

Honestly, I didn’t see myself as a victim — if she was waiting for me outside the office, I kind of figured I could take her, even if she was threatening me with a brick.

But then I learned the assailant had done the same thing at other organizations she had targeted with her angry emails. Snyder, who came face to face with the rock thrower, said she would go to court with me to seek a protective order against the rock thrower.

I didn’t see the point — the rock thrower could just ignore the judge’s order.

Here’s something else I learned, and the reason I’m telling this story: Too few people follow the legal steps available to them when a dangerous and obsessive person threatens to harm or kill them. The Bureau of Justice Statistics says only 35 percent of people who are stalked turn to the courts for help.

But some of the other people who had been threatened and stalked said our filing for a protective order might help their case and keep this woman off the streets.

So Snyder and I went to court. It’s then I realized how little I knew about the system we have in place to protect us against people who mean to do us harm.

ACCORDING TO STATE JUDICIAL RECORDS, 19,327 people went to court in Oregon last year seeking some sort of protective order against a person who posed a threat to their physical safety. That’s an average of 52 people every day. That rate has more than doubled in the past several years.

This number includes all types of protective orders that can be issued by a judge. The most common order is the Family Abuse Prevention Act (FAPA) order, which protects families and couples from domestic and intimate partner violence. That’s what gets called a restraining order here in Oregon.

To convince a judge to issue an anti-stalking order, the petitioner (which would be me) needs to show the respondent (the alleged stalker) has knowingly alarmed the target with repeated unwanted contact that creates a fear of safety for themselves or someone in their household.

With my sense of bravado, I didn’t allow myself to be afraid of the rock-throwing woman. Not at first. I guess I had forgotten a lesson that I might have learned from other people’s experiences.

Lauren Regan is a successful and prominent lawyer in Eugene who two decades ago founded the Civil Liberties Defense Center. She works on often contentious cases, from defending environmental protesters to civil rights issues, such as defending the protesters against Georgia’s “Cop City.”

About three years ago, Regan discovered she had a stalker. A man known in environmental activist circles began showing up at her office at the Civil Liberties Defense Center. She had seen him at events and protests, and he first approached her saying he needed legal help. Then he moved on to obsessing about her.

Despite her courtroom experience, and because she is a prison abolitionist — someone who wants to get rid of the prison system and replace it with education and rehabilitation — Regan at first didn’t take legal steps against him. She instead tried “a multitude of alternatives” to get the man to leave her alone, including having friends talk to him to try to stop his behaviors. But, she says that his mental illness made

it so he had no impulse control. “And we knew he had a number of weapons.”

One day Regan was working in her neighborhood on a community cleanup project when she heard a roaring engine. “A car was screaming down the street,” Regan says. “He stops in front of my house,” she says. “And I’m far enough away that I don’t recognize the car, and I don’t really recognize what’s going on.”

The driver had rolled down his window. He asked a neighbor’s kid where he could find Regan. The child innocently pointed to where Regan was standing with her neighbors near the street’s end. The man gunned the car and aimed at Regan.

Only then, she says, “I realized it was him.”

She and her neighbors scattered. Regan ran behind a camper parked on the street.

“That’s a stalker,” she told her neighbors. “Everybody, get away from his car.”

The man got out of the car and came at her.

Today, Regan recalls that, for a long time, she had mused that, if he ever came after her, “I figured I could probably knock this dude out.” But when the man approached, a neighbor grabbed her and pulled her to safety.

The stalker sped away, neighbors called 911 and she hid inside her house. She says a sheriff arrived six hours later. During that time, trapped inside, Regan thought, “Is he coming back? What’s going to happen here?”

Regan told me about the incident at the time — and consented to retelling it for this story. As I heard it again, I flashed my own sense of hubris. She thought she could take the man on, just as I thought I had some kind of protective shield around me.

I certainly do not, and neither do the people who work with me.

So I went to court.

MOST PEOPLE WHO SEEK THE COURT’S PROTECTION from someone threatening to harm them need help navigating the system, and I was no different.

Earlier in June, Snyder and I arrived at the Lane County Courthouse. I still vaguely thought we were seeking restraining orders, and had no idea how all this would work.

We followed the steps on a flow chart provided by the Lane County Court’s Victims Services Division called “How to Apply for a Protective Order.” The chart has 10 steps and directed us to fill out a four-page form that asks for details about the alleged stalker’s threats and actions. It also asks how I had communicated to the person making threats that his contact was unwanted.

The form also asked me for my home address, which I found a bit ironic.

We’d been warned that when the respondent gets

a copy of the protective order, your address is on it, as is your phone number. As a court official advised me, “Anything that’s written in the petition or the order, a copy is provided to the respondent, so you don’t want to give them anything they don’t already know.”

I used the *Weekly’s* address since she already knows where that is.

In order to get a stalking protective order you have to appear at the courthouse between 8 am and 10 am on a weekday, and you need to be ready to stay there for several hours.

Debbie Glessner, protective order clinic supervisor at Victim’s Services, is not an attorney and can’t give legal advice. She tells me in a later interview, “We don’t help people to get an order; we make sure that they have marked all the boxes that need to be marked and have provided all the information the judge needs.”

Victims Services, like the rest of the courthouse, is a drab brown room, with folks who work there protected by strong plexiglass windows that you slip your documents through. Like everyone in the building, they were helpful and supportive as we asked questions about the paperwork.

We were told that the judge would decide on a temporary order later that morning and to come back at 10 am. While I waited, I edited news stories on my laptop (the paper was due at the printer in a few hours) and wondered how other people could take a day off work to get this done. As it turns out, that’s a problem for many people.

I later asked Madi Potter, legal services and system navigation coordinator with Sexual Assault Support Services, about the process. She tells me she lets people know in advance that it can take hours. “The time constraint can be a hard thing to navigate,” she says. “This could be an all-day thing.”

Shortly after 11 am, a court official walked out to the waiting area and called out the names of people waiting to see the judge about their petitions for a protective order. I thought that odd. I also thought it strange that no one asked to see my identification — though the flow chart said to bring ID.

Matt Watkins is a defense attorney who has worked on protective order cases on behalf of petitioners and respondents. He told me that the first step — the one I was about to take — was an *ex parte* proceeding. That means the judge at this phase will hear only from the petitioner.

If the judge grants the order that day, it will be only temporary. The respondent, the rock thrower, will have an opportunity to appear in court at a later date and tell the judge why the order is unnecessary and not be extended.

Watkins tells me that some judges are more prone than others to give out temporary stalking protective orders. The first, temporary, order is granted through that *ex parte* proceeding, Watkins explains. Since only one party — the one asking for the order — is present before the judge, it’s “contrary to due process, that’s why the hearing process is applicable,” he says.

We hear our names and enter the courtroom. Watkins advised me to expect a lot of questions from the judge, who is assigned at random. That day, Judge Bradley Cascagnette is on the bench. The judge looked at our documents, said our temporary anti-stalking order was granted, and that we could go.

We had to wait for another half hour or so to pick up the written order itself, signed by the judge and certified by the Lane County Circuit Court. One by one, I watched from a bench outside as others left the courtroom. Everyone stayed to get their paperwork except one young woman who left the courthouse, sobbing.

We were given the time and date — always a Monday in Lane County — when we should return for the second hearing. It’s at this hearing where the petitioner, me, and the respondent, the still-alleged rock-throwing woman, can come face to face in the courtroom.

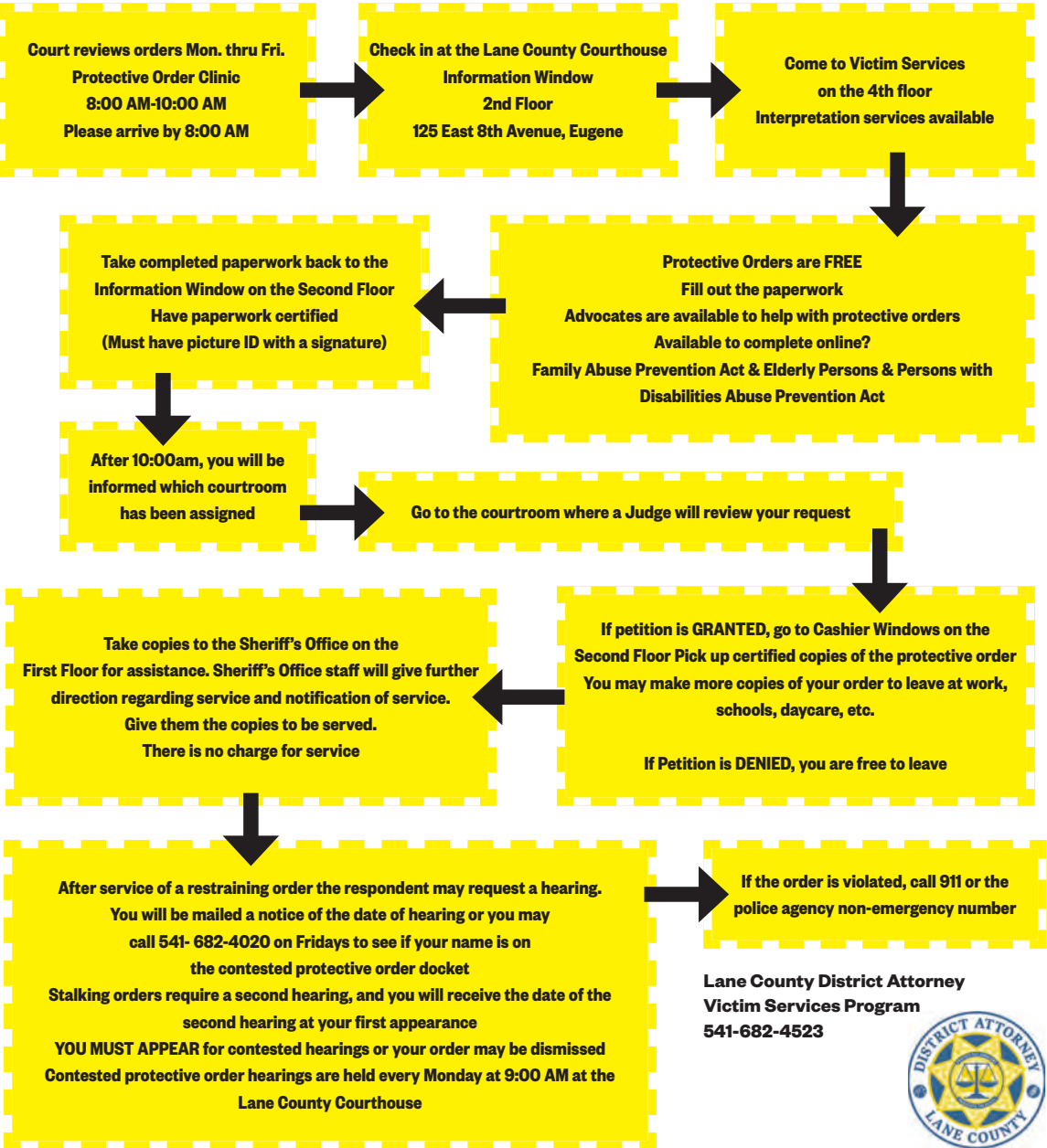
Watkins says it’s an awkward but legally necessary step, allowing someone to face their accuser. Protective orders “are very necessary but very capable of being abused,” Watkins says. He’s seen people try to obtain restraining orders over disagreements about which roommate should move out of an apartment.

Potter says the hearing doesn’t require an attorney, but that everyone must be present to testify. If the petitioner doesn’t show up, then the order is dropped and if the respondent doesn’t show up, it’s likely granted. Any witnesses have to be present. “They cannot write letters or provide statements,” she says.

I understand that’s how our legal system does — and should — work.

How to Apply for a Protective Order

RESTRAINING • STALKING • ELDER/DISABLED • SAPO



UNLIKE RESTRAINING ORDERS, which expire after one year, an anti-stalking order is permanent. It’s lifted only when the original petitioner requests that it be terminated. While a respondent can ask for a stalking order to be lifted, Watkins says that can be “delicate” because you need to contact the victim.

Still, I wasn’t sure how I felt about having to be in a courtroom with the woman who had made it clear she wanted to bash me in the head with a rock. It has to be worse for a petitioner who’s been assaulted.

When we get the documents, we’re told by the court to carry the documents with me and to leave one set at *Eugene Weekly’s* offices in case the police need to show up.

The anti-stalking order itself does not actually stop someone from coming after you again. If they violate the order, we need to call the police and show them the paperwork. Regan says, “I think people think that — or especially women — think that once they get a restraining order that somehow they’re going to literally have like a cop standing in front of their door guarding them.” And that,” she says, “is never ever going to happen.”

At the moment, that’s not a worry. The rock-throwing woman is currently in the Lane County Jail, being held on charges related to breaking windows at local nonprofits and — ironically — violating a stalking protective order. I don’t know when she might be released, but I check the Lane County Jail Inmate Viewer every couple days. She did receive the court order telling her a temporary anti-stalking order had been filed by me against her.

Regan also knows where her stalker is. Last fall, he was found unfit to stand trial after he chased his neighbors with a knife and injured a man with what the police called a handmade throwing star. (The victim described the weapon as an eight-and-a-quarter pound ball of lead with protruding five-inch nail spikes.) After being treated at the Oregon State Hospital, he was sent to state prison and could be released in August.

Regan says, “The overall sad part of it is, as long as this person is alive, he is a threat to me, a safety threat to me. And each time he gets out of jail, he is more furious that I put him there. And so each time this restraining order is enforced, it’s actually making me less safe. It’s an incredibly broken system.”

what's happening



Photo by Matteo Vistacco

It's demanding work to get a rowing shell through the rigors of competition in the (hopefully) placid waters of a lake with no headwind to deal with. Yet for the two-person, four-person and eight-person rowing teams that become proficient at it, the synchronization of the team members with each stroke is a beautiful thing to watch. It's almost hypnotic. The best teams from the Northwest — as well as standout individual rowers — will showcase their talents this weekend at the **USRowing Northwest Masters Regional Championships** at Dexter Lake Reservoir, put on by the Oregon Association of Rowers in Lowell. Watch men and women rowers from age 21 to their 80s carve the water with their oars, gaining speed as they race to the finish in heats and finals. Winners in each category qualify for the USRowing Masters National Championships in July in Oklahoma City, Oklahoma.

The USRowing Northwest Masters Regional Championships is all day June 21 through 23 at Dexter Lake Reservoir off Highway 58 near Lowell. FREE. Spectators are encouraged to park at Lowell High School and take a free shuttle to the venue. More information is at OarRowing.org. — Dan Buckwalter

THURSDAY

JUNE 20

COMEDY

Wild Ones: Comedy Open Mic, 5pm today & June 27, WildCraft Cider Works, 232 Lincoln St. FREE.

FILM

Back to the Future, 1:45pm, Art House, 492 E. 13th Ave. \$8-11.

GATHERINGS

Hearing Voices & Different Realities Discussion & Support Group, 10-11:30am, Trauma Healing Project, 631 E. 19th Ave., Bldg. B. FREE.

Emerald Empire Kiwanis meeting, noon today & June 27, Eugene Mission, 1542 W. 1st Ave. FREE.

World Refugee Day, 4-8pm, First United Methodist Church, 1376 Olive St. FREE.

KIDS/FAMILY

Preschool Storytime, 10:15am today & June 27, Bethel Branch of Eugene Public Library, 1990 Echo Hollow Rd. FREE.

Kids: Stamp a Book Bag, 4:30pm, Downtown Public Library. FREE.

MARKETS

Night Markets, 5-9pm, Farmers Market Pavilion & Plaza, 85 E. 8th Ave. FREE entry.

MUSIC

Artistic Encounters w/ Latin JazzBros, noon, Kesey Square, Willamette St & E. Broadway. N/C.

O Sing – By Jubilate: The Women's Choir Of Corvallis, 5pm, Tyee Winery, 26335 Greenberg Rd., Corvallis. N/C.

FlashVox, rock, 6pm, Deluxe Brewing, 635 NE Water, Albany. N/C.

Jazz Lab, 6pm, The Public House, 418 A St., Spfd. N/C.

Live Music, 6pm, Territorial Vineyards & Wine Co., 907 W. 3rd Ave. N/C.

Open Blues Jam w/ Dave Roberts, 6pm, Jimmy Mac's Overtime Bar & Grill, 770 S. Bertelsen Rd. N/C.

Robert Lassila Quartet, jazz, 6pm, Roaring Rapids Pizza Co., 4006 Franklin Blvd. N/C.

SamaZama Duo, koto-cello, 6pm, Downtown Eugene Public Library. N/C.

Bootleg Rose, 7pm, beergarden, 777 W. 6th Ave. N/C.

Jordan Davis: Damn Good Time World Tour, 7pm, Hayden Homes Amphitheater, 344 SW Shevlin Hixon Dr., Bend. \$55-78.

Gregg Hill, singer-songwriter, 7pm, The Hybrid, 941 W. 3rd Ave. \$15.

PoiKilo, jazz, 7:30pm, The Jazz Station, 124 W. Broadway. \$20.

Britt Festival Orchestra: *Star Wars — A New Hope*, 8pm, Britt Music & Arts Festival, 350 S. 1st St., Jacksonvile. \$29-49.

Vision Video, post punk-goth rock, 8pm, John Henry's, 881 Willamette. \$20-25.

Funk Jam, 9pm today & June 27, Luckey's Club, 933 Olive St. N/C.

Grateful Dead Jam, 9pm, The Big Dirty, 844 Olive St. \$5.

The Kings, Blackwater Red, Smell My Beard, rock-grunge, 9pm, Sam Bond's, 407 Blair Blvd. \$5.

NIGHTLIFE

Beginners Board Game Night, 5-10pm today & June

27, Funagain Games Game Parlor, 2711 Oak St. FREE.

Karaoke w/ Jeff, 6-10pm today & June 27, Slice Pizzeria & Bar, 325 Blair Blvd. FREE.

Quality Trivia w/ Elliot Martínez, 6:30 today & June 27, Arable Brewing Co., 510 Conger St. FREE.

Trivia Night w/ Brett, 6:30pm today & June 27, Viking Brewing West, 520 Commercial St., Unit F. FREE.

FWD Trivia, 7-9pm today & June 27, Gratitude Brewing, 540 E. 8th Ave. FREE.

Dj Will2Live, 10pm, Blairally, 245 Blair Blvd. \$4

OUTDOORS/RECREATION

Thrifty Thursday Tee Times, all day today & June 27, PLAY Eugene, 232 W. 5th St. \$50/hour.

Ninkasi Run Club, 5:30pm today & June 27, The Ninkasi Better Living Room, 155 Blair Blvd. FREE.

SPIRITUAL

Summer Solstice Sound Bath, 7pm, The Cuthbert Amphitheater, 601 Day Island Rd. \$27.50.

THEATER

Alice in Wonderland, 6pm, Owen Rose Garden, 300 N. Jefferson St. FREE.

Vanya & Sonia & Masha & Spike, 7:30pm, Cottage Theatre, 700 Village Dr., Cottage Grove. \$15-29.

FRIDAY

JUNE 21

COMEDY

All Ducked Up: Comedy Open Mic, 9pm, Twisted Duck, 533 W. Centennial Blvd., Spfd. FREE.

FILM

Back to the Future Part II, 6:45pm, Art House, 492 E. 13th Ave. \$8-11.

Killer Klowns from Outer Space, 9:15pm, Art House, 492 E. 13th Ave. \$8-11.

FOOD/DRINK

Whiteaker Walking Food Tour, 1-4pm, Oakshire Public House, 207 Madison Street. \$90.

GATHERINGS

Recovery Dharma Buddhist Meeting, 10-11:30am, Jesco Club, 340 Blair Blvd. FREE.

Summer Solstice Cemetery Tour, 5-7 pm, Laurel Grove Cemetery, 116 Judkins Rd. FREE.

KIDS/FAMILY

Family Storytime, 10:15am, Sheldon Branch of Eugene Public Library, 1566 Coburg Rd. FREE.

Family Storytime in the Park, 10:15am, Petersen Barn Community Ctr., 870 Berntzen Rd. FREE.

Kids: Summer Camp Crafts, 2:30-4:30pm, Bethel Branch of Eugene Public Library, 1990 Echo Hollow Rd. FREE.

LECTURES/CLASSES

Bring Your Lunch, 11am-1pm, Wordcrafters Studio, 436 Charnelton St., ste. 100. \$10.

Djembe Drumming For Beginners, 3:30-4:45pm, Djembe Trading Post, 1740 W. 10th Ave. \$10.

Fun Friday Goat Yoga, 6-7pm, No Regrets Flower Farm & Animal Sanctuary, 26641 Bellfountain Rd., Monroe. \$28.

MUSIC

The Leafy Greens Band, Americana-folk, 5:30 pm, Sarver Winery, 25600 Mayola Ln. N/C.

Henry Cooper Trio, blues, 6pm, Territorial Vineyards & Wine Co., 907 W. 3rd Ave. N/C.

House of Dorothy Gale, Possible Human Origins, grunge rock, 6pm, 255 Madison, 255 Madison St. N/C.

Space to Drive, Grateful Dead tribute, 6pm, Oakshire Public House, 207 Madison. N/C.

Friday Night Concert, 6:30pm, Silvan Ridge Winery, 27012 Briggs Hill Rd. \$5.

Swing Jam w/ Track Town Swing, 6:30pm, Viking Brewing West, 520 Commercial St., unit F. N/C.

Gerry Rempel-Hamilton Mays, soul jazz, 7pm, Drop Bear Brewery, 2690 Willamette. N/C.

Pride Singer-Songwriter Night, 7pm, The Hybrid, 951 W. 3rd Ave. \$20-25.

Ben LaTorraca Quartet, 7:30pm, The Jazz Station, 124 W. Broadway. \$20.

Diane Lou Azó, Bossanaire, 7:30pm, The Shedd, 868 High St. \$17.75-27.

The Survivors Band, rock, 8pm, The Embers, 1811 State Hwy 99 N. N/C.

MIME Tribes, indie-rock, 9pm, Sam Bond's, 407 Blair Blvd. \$5.

Wellington Drive, Americana, 7:30pm, The Public House, 418 A St., Spfd. N/C.

NIGHTLIFE

FWD Trivia, 7pm, Ninkasi Tasting Rm., 272 Van Buren St. FREE.

Pink Floyd: *The Wall* & Taylor Swift Friday Night Laser Shows, 7pm, Eugene Science Ctr., 2300 Leo Harris Pkwy. \$7.50 for each show.

Karaoke w/ Lewie, 9pm, Slice Downtown, 910 Willamette. FREE.

Kinky Bingo, 8pm, Cowfish Dance Club, 62 W. Broadway. \$10.

OUTDOORS/RECREATION

Freelader Friday, 10am-4pm, Oregon WaterShed, 112 Main St., Spfd. FREE.

Night at the Raptor Ctr., 6-8pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. \$50.

SOCIAL DANCE

Church of 80s Dance Party, 9pm, Blairally, 245 Blair Blvd. \$4.

SPECTATOR SPORTS

USRowing Regional Rowing Championship Regatta, all day today thru Sun., Dexter Lake, Lowell State Recreation Site, 850 Shore Line Dr., Lowell. FREE.

Baseball: Corvallis Knights at Spfd. Drifters, 6:35pm, Hamlin Middle School, 326 Centennial Blvd., Spfd. \$7-15.

TEENS

PRIDE Dance Party, 6pm, Sheldon Branch of Eugene Public Library, 1566 Coburg Rd. FREE.

THEATER

Alice in Wonderland, 6pm, Owen Rose Garden, 300 N. Jefferson St. FREE.

Silent Sky, 7:30pm today, Sat. & June 27, 2pm Sun., Very Little Theatre, 2350 Hilyard St. \$26.

The Last Five Years, 7:30pm today & Sat., 2pm Sun., Pegasus Playhouse, 402 Main St., Spfd. \$15-20.

The Prom, 7:30pm today, Sat. & Sun., Actors Cabaret of Eugene, 996 Willamette. \$19-60.

Vanya & Sonia & Masha & Spike, 7:30pm today & Sat., 2:30pm Sun., Cottage Theatre, 700 Village Dr., Cottage Grove. \$15-29.

SATURDAY

JUNE 22

COMEDY

Ronny Chieng: *The Love To Hate It Tour*, 7 pm, Hult Ctr. Tickets start at \$34.50.

FARMERS MARKETS

Ln. County Farmers Market, 9am-3pm, Farmers Market Pavilion & Plaza, 85 E. 8th Ave.

FESTIVAL

River Road Santa Clara Volunteer Library, 10am-2pm, River Rd. Santa Clara Volunteer Library, 105 Oakleigh Ln. FREE.

FILM

Back to the Future Part II, 6:45pm, Art House, 492 E. 13th Ave. \$8-11.

Killer Klowns from Outer Space, 11am & 9:15pm, Art House, 492 E. 13th Ave. \$8-11.

FOOD/DRINK

Whiteaker Walking Food Tour, 1-4pm, Oakshire Public House, 207 Madison St. \$90.

GATHERINGS

Overeaters Anonymous, 9:30am, Unitarian Universalist Church, 1685 W. 13th Ave. FREE.

9th Annual Oregon Hempfest, 10am today & Sun., 18183 Elkhead Rd., Oakland. \$20-100.

TransParent Group, 11am, Theo's Coffee House, 199 W. 8th Ave., #1. FREE.

Psychedelic Film, Discussion Circle & Library Browsing, noon, EDELIC Ctr., 631 E. 19th Ave., bldg. B. FREE.

Trans Community Support Group, 3:30pm, Online at Info@Transponder.Community. FREE.

HEALTH

Occupy Medical Services, 9-11am, Washington Jefferson Park, Washington St. & W. 5th Ave.

KIDS/FAMILY

Baby & Toddler Storytime, 10:15-10:45am, Bethel Branch of Eugene Public Library, 1990 Echo Hollow Rd. FREE.

Family Storytime, 10:15am, Awbrey Park, 4291 River Rd. FREE.

Instrument Petting Zoo w/ Eugene Symphony, 11-noon, Spfd. Public Library, 225 5th St., Spfd. FREE.

Kids: Builders & Makers Club, 2-5pm, Bethel Branch of Eugene Public Library, 1990 Echo Hollow Rd. FREE.

LECTURES/CLASSES

Original Goat Yoga & Wine Happy Hour, 4-5:30pm, No Regrets Flower Farm & Animal Sanctuary, 26641 Bellfountain Rd, Monroe. \$45.

MARKETS

Eugene Saturday Market, 10am-4pm, Park Blocks, 8th Ave. & Oak St.

MUSIC

Eugene Saturday Market Main Stage, 10am-4pm, Park Blocks, 8th Ave. & Oak St. N/C.

Joanne Broh Band ft. Garry Meziere, blues, 5pm, Bennett Vineyards & Wine Co., 25974 OR-36, Cheshire. N/C.

Daydream Derby, cover band, 6pm, Oakshire Public House, 207 Madison St. N/C.

Henry Cooper Trio, blues, 6pm, Oregon Wine LAB, 488 Lincoln St. N/C.

Live Music, 6pm, Territorial Vineyards & Wine Co., 907 W. 3rd Ave. N/C.

Riffle, rock-variety, 6pm, LaVelle Vineyards, 89697 Sheffler Rd. N/C.

Satori Bob, Americana, 6pm, Viking Brewing West, 520 Commercial St., unit F. N/C.

Sassafras, Americana-roots rock, 7pm, Gratitude Brewing, 540 E. 8th Ave. N/C.

Keith Brown Trio, 7:30pm, The Jazz Station, 124 W. Broadway. \$25.

The Bake Club, Americana, 7:30pm, beergarden, 777 W. 6th Ave. N/C.

The Survivors Band, rock, 8pm, The Embers, 1811 State Hwy 99 N. N/C.

Face Transplant, The Service Call, rock-punk, 9pm, Sam Bond's, 407 Blair Blvd. \$5.

Baby Smooth, Prim8's, Coffee Table Clutter & Amia Nectar, rock, 10pm, Blairally, 245 Blair Blvd. \$6.

NIGHTLIFE

DJ Nights, 8pm, Twisted Duck Pub, 529 W. Centennial Blvd., Spfd. FREE.

Karaoke w/ Lewie, 9pm, Slice Downtown, 910 Willamette. FREE.

Rainbow Riot Pride Celebration Cabaret, 9pm, John Henry's, 881 Willamette. \$9-40.

SOCIAL DANCE

Dance Empowered w/ Cynthia Valentine, 9-10am, WOW Hall, 291 W. 8th Ave. \$12.

Sunshine Grooves: Summer Dance Party, Vol. 1-3, 2-8pm, The Public House, 418 A St., Spfd. FREE.

SUNDAY

JUNE 23

COMEDY

Come On In! Comedy Open Mic, 8pm, The Barn Light, 924 Willamette. FREE.

FILM

Back to the Future Part II, 1pm, Art House, 492 E. 13th Ave. \$8-11.

Round The Globe Film & Music Festival, 2-3:30pm, Wildish Theater, 630 Main St., Spfd. \$5-10.

Killer Klowns from Outer Space, 9:15pm, Art House, 492 E. 13th Ave.. \$8-11.

GATHERINGS

Higher Healing Faire, 10am-5pm, Eugene Garden Club, 1645 Hilyard St. FREE

Sunday Gathering, 10:30-11:30am, The Center, 390 Vernal St. FREE.

Public Spiritual Gathering, 11am-12:45pm, The Ctr. for Sacred Sciences, 5440 Saratoga St. FREE.

Wordcrafters Summer Social Fun(d)raiser & Trivia Contest, noon-5pm, Oregon Wine LAB, 488 Lincoln St. FREE.

Beach Party Blowout, 12:30-8pm, Iris Vineyards Wine Bar, 322 Main St., Spfd. FREE admss.

Emerald Valley Ctr. for Spiritual Living, LGBTQ+ friendly, 4pm, Hilyard Community Ctr., 2580 Hilyard St. Don.

KIDS/FAMILY

Family Fun: Building, 1-5pm, Downtown Eugene Public Library. FREE.

LECTURES/CLASSES

Fashion Clownette's Costume Academy: Machine Sewing 101, 9:30am-1pm, Eugene Ballet Costume Shop, 154 E. 16th Ave. \$60.

Fashion Clownette's Costume Academy: Fanny Pack, 2-5:30pm, Eugene Ballet Costume Shop, 154 E. 16th Ave. \$60.

Nutrition & Lifestyle Medicine Classes, 2-4pm, Eugene Family YMCA Don Stathos Campus, 600 E. 24th Ave. FREE.

Sunday Funday Goat Yoga, 4-5pm, No Regrets Flower Farm & Animal Sanctuary, 26641 Bellfountain Rd, Monroe. \$35.

MARKETS

Whiteaker Community Sunday Market, 11am-4pm, Scobert Park, 4th Ave. & Blair Blvd.

MUSIC

The Grapefruits Duo, horn & piano, 3pm, Christian Science Church, 1390 Pearl Street. \$10-20.

Jazz at the Ciderhouse hosted by Idit Shner, 4pm, WildCraft Cider Works, 232 Lincoln St. N/C.

Kantor, Mays & Rempel, 4pm, Alesong Brewery, 80848 Territorial Hwy. N/C.

Live Music, 4pm, Alesong Brewing & Blending, 80848 Territorial Hwy. N/C.

EastSide Sunday Jam, rock, 5pm, Twisted River Saloon, 1444 Main St., Spfd. N/C.

Whiskey Rogues, Irish, 6pm, The Pint Pot Pub, 195 E. 17th Ave. N/C.

NIGHTLIFE

RWMcCabe Studios: Open Mic, 4pm, Coldfire Brewing Co., 263 Mill St. FREE.

Greek Night Belly Dance Performance, 5pm, Popp's Anatolia, 992 Willamette. FREE.

Open Mic, 5:30pm, The Public House, 418 A St., Spfd. FREE.

Karaoke w/ Jeff, 6pm, Slice Pizzeria & Bar, 325 Blair Blvd. FREE.

Quality Trivia, 7pm, Blairally, 245 Blair Blvd. FREE.

Karaoke Sundays, 7:30pm, Happy Hours, 645 River Rd. FREE.

Rainbow Rave Pride Celebration Cabaret, 8pm, Sam Bond's, 407 Blair Blvd. \$9.

OUTDOORS/RECREATION

Summer Sunday Raptor Series — Private Morning Tours, 8:45-10am, Cascades Raptor Ctr., 32275 Fox Hollow Rd. \$30-40.

Oiselle Flight Club x Run Hub, 9-10:30 am, Run Hub

Northwest, 515 High St. FREE.

Plant Walk, 9:30-11:30am, Rooted Remedies Apothecary, 271 W. 8th Ave. \$5-40.

Community Ecstatic Dance at the River, 11am, 118 Merry Ln. FREE.

Open Recreational Tree Climb, noon-3pm, Maurie Jacobs Park, End of Fir Ln. FREE.

SOCIAL DANCE

Bachata Sensual Dance & Lessons, 6-9:30 pm, Oregon Wine LAB, 488 Lincoln St. \$5-10.

SPECTATOR SPORTS

Baseball: Corvallis Knights at Springfield Drifters, 4:45pm, Hamlin Middle School, 326 Centennial Blvd., Spfd. \$7-10..

THEATER

Singing Auditions for *A Night on Broadway*, 2pm, Applegate Regional Theatre, 87230 Central Rd. FREE.

MONDAY

JUNE 24

COMEDY

Comedy Open Mic w/ Seth Milstein, 8pm, Slice Pizzeria & Bar, 325 Blair Blvd. FREE.

FILM

Back to the Future Part II, 7:30pm, Art House, 492 E. 13th Ave. \$8-11.

FOOD/DRINK

Grand Kinetic Challenge FUNDraiser & Volunteer Drive, 5pm, Common Fields, 545 SW 3rd St., Corvallis. FREE.

GATHERINGS

Walk It Off w/ the Y — Pre-party!, 5:30-6:30pm, Eugene Family YMCA Don Stathos Campus, 600 E. 24th Ave. FREE.

LECTURES/CLASSES

Fashion Clownette's Costume Academy: Open Studio, 6-9:30pm, Eugene Ballet Costume Shop, 154 E. 16th Ave. \$60.

NIGHTLIFE

Beats & Boards, 6:30pm, beergarden, 777 W. 6th Ave. FREE.

Cribbage Night, 6:30pm, Coldfire Brewing Co., 263 Mill St. \$3.

Open Mic, 6:30pm, Houndstooth Public House, 1795 W. 6th Ave. FREE.

Quality Trivia w/ Elliot Martinez, 6:30pm, Oakshire Public House, 207 Madison St. FREE.

Trivia Mondays, 6:30pm, The Public House, 418 A St., Spfd. FREE.

FWD Trivia, 7pm, PLAY Eugene, 232 W. 5th St. FREE.

Bingo, 9pm, Sam Bond's, 407 Blair Blvd. FREE.

SOCIAL DANCE

Dance Empowered w/ Cynthia Valentine, 5:30-6:30pm, WOW Hall, 291 W. 8th Ave. \$12.

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Photo courtesy of The Muse Collective Cabaret

calendar

SPIRITUAL

Mindful Integration & Breathwork w/ PSILO Temple, 7-9pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

TUESDAY

JUNE 25

FARMERS MARKETS

Tuesday Farmers Market, 9am-2pm, Farmers Market Pavilion & Plaza, 85 E. 8th Ave.

GATHERINGS

Aphasia Conversation Group, 2-3pm, Campbell Community Ctr., 155 High St. FREE.
Fast Girls — A conversation w/ Oregon & local high school athletes w/ Kara Goucher, 6:30-8pm, Wildish Theater, 630 Main St., Spfd. Ticket info at WildishTheater.com.

KIDS/FAMILY

Baby Storytime, 10:15am, Downtown Public Library. FREE.

Toddler Storytime, 11am & 11:45am, Downtown Public Library. FREE.

Tween Writing Club: Saw a Stuff, 4:30pm, Downtown Public Library. FREE.

LECTURES/CLASSES

Hablamos Español, 4:30pm, Downtown Public Library. FREE.

Qigong w/ Nate, 5:30-6:30pm, Emerald Park Pavilion, 1400 Lake Dr. \$10.

LITERARY ARTS

TransPonder Book Club, 5-6pm, Email Info@transponder.community for link. FREE.

MUSIC

Delos Leo Erickson Quartet, jazz, 6pm, Roaring Rapids Pizza Co., 4006 Franklin Blvd. N/C.

Garage Banned, garage rock, 8:30pm, Sam Bond's, 407 Blair Blvd. N/C.

Rich Fisher, rock, 6:30pm, Happy Hours, 645 River Rd. N/C.

NIGHTLIFE

Eugene Chess Club, 6pm, Bill & Tim's Barbecue & Tap House, 201 E. 13th Ave. FREE.

Karaoke w/ Jeff, 6pm, Slice Pizzeria & Bar, 325 Blair Blvd. FREE.

Bingo w/ Ty Connor, 6:30pm, The Public House, 418 A St., Spfd. FREE.

FWD Trivia, 7pm, McMenamins North Bank, 22 Club Rd. FREE.

Trivia Night, 7pm, The Ninkasi Better Living Rm., 155 Blair Blvd. FREE.

Trivia Tuesdays, 7pm, beergarden, 777 W. 6th Ave. FREE.

Karaoke w/ Jeff, 9pm, John Henry's, 881 Willamette. FREE.

OUTDOORS/RECREATION

Summer Disc Golf Putting Series, 6-8pm, Alton Baker Park Disc Golf Course. \$3-5.

SOCIAL DANCE

Salsa Dancing, 7pm, The Big Dirty, 844 Olive St. \$5.

TEENS

Teen Tuesdays, 4:30pm, Spfd. Public Library, 225 5th St., Spfd. FREE.

THEATER

Singing Auditions for A Night on Broadway, 7pm,

Burlesque, drag, draglesque, comedy and music. What more is there to know? It's The Muse Collective Cabaret, so it's sure to be fun. Take in a pair of performances this weekend when **The Muse Collective Cabaret Presents The Rainbow Riot Celebration and Rainbow Rave** shows. The fun begins June 22 at John Henry's with Rainbow Riot, then, with an entirely new cast, The Muse Collective moves to Sam Bond's on June 23 for Rainbow Rave. In addition to the performances, there will be games, vendors and raffle baskets at both shows as well as an auction for jean jackets covered in old pasties by Muse members to cover those nipples. Sarah de Leon, aka Sweet Serendipity and a co-founder of the group, says Muse now has 33 members who either perform or work off stage and who celebrate the essence of fun and diversity. This diversity, she adds, shows itself in terms of age, race, gender identity, sexual orientation, body types and talent. A portion of the weekend's proceeds go to The Trevor Project, a nonprofit focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer and questioning LGBTQ youth.

The Muse Collective Cabaret Presents The Rainbow Riot Pride Celebration begins at 9 pm Saturday, June 22, at John Henry's, 881 Willamette Street. Tickets can be ordered online at JohnHenrysBar.com for \$9, \$15 at the door. Also, \$40 tickets are available for a front row VIP table for six. Everything moves to Sam Bond's, 407 Blair Boulevard, on June 23 for the Rainbow Rave show. Doors open at 7:30 pm and the show starts at 8:30 pm. \$9 admission. Ten percent of all proceeds go to The Trevor Project. More information about the nonprofit is at TheTrevorProject.org. — Dan Buckwalter



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WEDNESDAY, JUNE 26



BLIND PILOT

SUNDAY, JULY 7

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'WALDPORT'
BY SATOKO MOTOUJI

Image courtesy of White Lotus Gallery

Summer is here, and if you can't make it to the coast on a given warm day and need to at least imagine that you're escaping the summer heat, White Lotus Gallery has the exhibition for you. **Oregon Coast** is an exhibit that features 10 artists and their wonderful works highlighting the beauty of Oregon's coast from Yachats to Waldport and then some. Paintings, photography, reduction linocut prints, mixed media art and sculptures will be showcased in the seven-week long exhibit by some of the area's best artists. The artists featured are Rich Bergeman, Jon Jay Cruson, Dirk Eshelman, Analee Fuentes, Satoko Motouji, Connie Mueller, Jamie Newton, Lillian Pitt, Margaret Prentice and Gary Tepfer.

The Oregon Coast exhibit opens June 21 and runs through August 10 at White Lotus Gallery, 767 Willamette Street. Gallery hours are 10 am to 4 pm Tuesday through Saturday. The opening reception for the exhibit is 1 pm to 3 pm Saturday, June 22, at White Lotus Gallery. FREE.
— Dan Buckwalter

Applegate Regional Theatre,
87230 Central Rd. FREE.

WEDNESDAY

JUNE 26

ART/CRAFT

Figure Art Sessions, 6:15-9pm, New Zone Gallery, 110 E. 11th Ave. \$8.

FILM

Paris is Burning — Afro Valley Film Festival, 7pm, Spectrum Bar, 150 W. Broadway. \$10.

SpringFilm: *Galaxy Quest*, 6:30pm, Wildish Theater, Spfd. FREE.

FOOD/DRINK

We/Us/Ours, trans-gender diverse social hour, 6-8pm, Public House, 4606, 418 A St., Spfd. FREE.

GATHERINGS

Psychedelic Integration Circle, 5:30pm, EDELIC Ctr., 631 E. 19th Ave., Bldg. B. \$5-20.

Walk It Off w/ The Y Launch Party, 5:30-6:30pm, Alton Baker Park. FREE.

KIDS/FAMILY

Sensory Storytime, 4:30pm, Downtown Public Library. FREE.

LECTURES/CLASSES

Fashion Clownette's Costume Academy: Machine Sewing 101, noon-3:30pm, Eugene Ballet Costume Shop, 154 E. 16th Ave. \$60.

Summer Speaker Series, 6-8pm, Cottage Grove Community Ctr., 700 E. Gibbs, Cottage Grove. FREE.

Unwind Wednesday Goat Yoga, 6-7pm, No Regrets

Flower Farm & Animal Sanctuary, 26641 Bellfountain Rd., Monroe. \$28.

MUSIC

Swing Shift Jazz Orchestra, 6pm, Roaring Rapids Pizza Co., 4006 Franklin Blvd. N/C.

Riffle, rock-variety, 6:30pm, Bohemia Park, S. 10th St., Cottage Grove. N/C.

Alice Howe & Freebo, folk, 7pm, 70 E. Howard Ave. \$25. Jammin' w/ the Pros, 7pm, The Jazz Station, 124 W. Broadway. \$8.

Jeanne Gregg Band, R&B-blues, 7pm, The Public House, 418 A St., Spfd. N/C. Llorona, Americana, 7pm, Gratitude Brewing, 540 E. 8th Ave. N/C.

Lonesome Randall, singer-songwriter, 7pm, Max's Tavern, 550 E. 13th Ave. N/C.

Open Blues Jam w/ Dave Roberts, 7pm, Twisted Duck, 533 W. Centennial Blvd., Spfd. N/C.

The Survivors Band, rock, 7pm, Mac's Restaurant & Nightclub, 1626 Willamette. N/C.

Blind Pilot, alt-indie, 8pm, WOW Hall, 291 W. 8th Ave. \$30-35.

NIGHTLIFE

FWD Trivia, 6pm, Falling Sky Brewpub, 1334 Oak Alley. FREE.

Rob & Lorraine host Quality Trivia, 6pm, Hop Valley Brewing Co., 990 W. 1st Ave. FREE.

Cribbage Night, 6:30pm, The Bier Stein, 1591 Willamette. \$5.

Bingo Wednesdays, 7pm, beergarden, 777 W. 6th Ave. FREE.

Karaoke, 7pm, 255 Madison, 255 Madison St. FREE.

Open Mic, 8:30pm, Mulligan's Pub, 2841 Willamette. FREE.

Karaoke Night, 9pm, Blairally, 245 Blair Blvd. FREE.

OUTDOORS/RECREATION

Batting Cage, 4-9pm, PLAY Eugene, 232 W. 5th St. FREE.

SOCIAL DANCE

Bollywood-Bhangra Dance Party w/ DJ Prashant, 10:30-11:30am, Spfd. Public Library, 225 5th St., Spfd. FREE.

SPIRITUAL

Eugene Sound Bath w/ PSILO Temple, 6:30-9pm, The Hybrid, 941 W. 3rd Ave. \$25 don. for non-members.

TEENS

Create a Cottagecore Birdhouse, 4:30pm, Downtown Public Library. FREE.

THURSDAY

JUNE 27

COMEDY

Arable Comedy Night, 7pm, Arable Brewing Company, 510 Conger St. \$15-20.

Comedy Night, 7pm, Pandita Restaurant, 398 E. 11th Ave. FREE.

FILM

Back to the Future Part II, 1:30pm, Art House, 492 E. 13th Ave. \$8-11.

Horrible Bingo — *Critters*, 7pm, Art House, 492 E. 13th Ave. \$10.

GATHERINGS

Pride Block Party for National HIV Testing Day, 4-8pm, Kesey Square, Willamette & E. Broadway. FREE.

Meet & greet w/ Phyllis Francis, Olympic track & field gold medalist, 4:15-5:45pm, Kidsports Civic Park Fieldhouse, 2054 Amazon Pkwy. FREE.

KIDS/FAMILY

Kids: Journey Under the Sea, 4:30pm, Downtown Public Library. FREE.

LECTURES/CLASSES

Rope Bondage Fundamentals 1 w/ Mx Knotty, 6:30-8:30pm, As You Like It: The Pleasure Shop, 1655 W. 11th Ave., #1. \$20.

MUSIC

Blugene Brass, brass band, 6pm, Roaring Rapids Pizza Co., 4006 Franklin Blvd. N/C.

Jazz Lab, 6pm, The Public House, 418 A St., Spfd. N/C.

Joel Astley, blues, 6pm, Jimmy Mac's Overtime Bar & Grill, 770 S. Bertelsen Rd. N/C.

Live Music, 6pm, Territorial Vineyards & Wine Co., 907 W. 3rd Ave. N/C.

Najas, folk-rock, 6pm, Coast Fork Brewing & Feed Store, Cottage Grove. N/C.

Open Blues Jam w/ Dave Roberts, 6pm, Jimmy Mac's Overtime Bar & Grill, 770 S. Bertelsen Rd. N/C.

Fast Gravel, Americana, 7pm, beergarden, 777 W. 6th Ave. N/C.

Halie Loren, singer-songwriter, w/ Diego Flgueiredo, guitarists, 7:30pm, Tsunami Books, 2585 Willamette. \$23.

Lana & The Dirty Dishes, Americana, 8pm, Axe & Fiddle, 657 E. Main St., Cottage Grove. N/C.

NIGHTLIFE

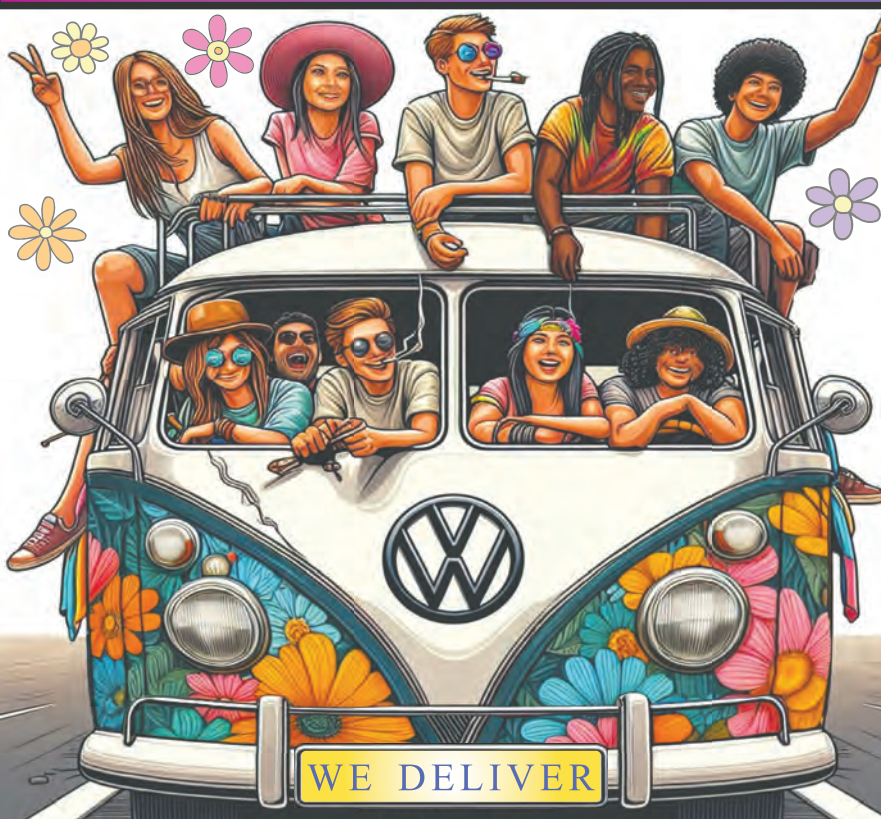
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This is Your Pilot Speaking

BLIND PILOT, A PORTLAND-BASED INDIE FOLK BAND WITH TWO UO GRADUATES, DEBUTS NEW MATERIAL IN EUGENE

By Will Kennedy

Israel Nebeker says WOW Hall changed his life. The **Blind Pilot** lead singer and primary songwriter was a University of Oregon student in 2002 when he saw Bright Eyes perform at the storied Eugene venue.

Blind Pilot returns to WOW Hall on June 26, promoting *In the Shadow of the Holy Mountain*. Out in August, *Shadow* is the band's first new album in eight years.

Ryan Dobrowski is Nebeker's longtime Blind Pilot collaborator and drummer, a Eugene native who graduated from Sheldon High School and the UO. Nebeker grew up in Astoria, and he met Dobrowski as a student in Eugene. Blind Pilot's WOW Hall show is like a homecoming for both musicians and the final stop on a West Coast run of dates, fine-tuning the new material and reviving classics from the catalog.

Remembering his UO days, Nebeker, whose father is the late Royal Nebeker, an acclaimed Pacific Northwest painter, says WOW Hall was the first place he saw a "real" concert, and Bright Eyes plays a similar style of



BLIND PILOT Photo by Fawn DeViney

indie folk rock to the band he and Dobrowski would later form. "It feels great to get back to Eugene," Nebeker tells *Eugene Weekly*. "That's still one of my favorite places in the world," he says.

Eventually, Nebeker and Dobrowski relocated to Portland, and *3 Rounds and a Sound*, Blind Pilot's first

album, came out in 2008, around the same time The Decemberists, The Head and the Heart and Fleet Foxes popularized Pacific Northwest acoustic indie folk with unique instrumentation like trumpet, vibraphone and dulcimer. Blind Pilot belonged in that scene, and these days, Dobrowski hears that style revived in Noah Kahan's recent hit, "Season of the Sticks."

After *3 Rounds*, Blind Pilot released two more albums and an EP, toured the world and performed at Lollapalooza. But playing an Oregon style in its stormy yet hushed simplicity, Nebeker's Astoria childhood still informs his songwriting. "I associate my connection to music with that place and that landscape," he says.

This time, however, Blind Pilot recorded *In the Shadow of the Holy Mountain* in upstate New York. Nebeker says he wrote the new songs in a burst of creativity last summer when, after five years of working on new Blind Pilot music, he suddenly put that material on an upcoming solo record and started over.

The new Blind Pilot album, he adds, better captures the band's energy performing live, with less introspection than the solo work. "The album is more open," Nebeker says of *Holy Mountain*, compared to older material. "I think it's my favorite collection of songs I've written. We moved quickly, trusted our instincts and did what felt good at that moment."

Angela Autumn, a Nashville-based singer-songwriter, supports Blind Pilot in Eugene. Nebeker says online algorithms introduced him to Autumn, whose work recalls early Gillian Welch. After hearing her music online, "I reached out to her on Instagram and said, 'You want to open a tour for us?'" Nebeker says, and Autumn agreed — a happy outcome, he says, for the mixed blessing of social media.

Blind Pilot and Angela Autumn perform 8 pm Wednesday, June 26, at WOW Hall; \$30 advance, \$35 door, all ages.

It Must Be the Climate

←350EUGENE.ORG

The Eugene electrification ordinance was rescinded in July of 2023, and city council promised to revisit alternative electrification pathways in a year's time. It's now been a year. **An entire year of patiently waiting as the city hit pause. Now, it's time for action.**

One year of delay may seem like a short amount of time to older generations, but to us youth, it is far too long. 2023 was the hottest year on record, and yet, without rapid action, it may come to be one of the coldest years in our lifetimes.

The Oregon Climate Change Research Institute predicts many climate impacts in Lane County will occur by 2040, including a 400% increase in wildfires, a 40% reduction in streamflow, and a near disappearance of snowpack in the Cascades, among others. For youth, that means school closures, respiratory issues, soaring living costs, and rising instability.

Our generation may be the first to feel our climate anxiety turn to climate grief. We may witness the majestic Pacific Northwest degrade throughout our lives, left only with an unshakeable feeling of instability and memories of the stable environments we once loved.

Unless governments and institutions take rapid, meaningful action to reduce their greenhouse gas emissions, these effects will become even more drastic. Since making progress on building emissions last February, the city has dragged its feet in developing strong climate policy, leaving us feeling frustrated and disregarded.

Because climate change is such a multifaceted issue, it requires a multifaceted solution. Policies that equitably transition Eugene's buildings to run on our 90% emissions-free electric supply will not solve the climate crisis in Eugene, but it would be a huge step in the right direction.

While we are trying to pass policies that are essential to our survival, the gas industry is manipulating our local politics and holding the city back. This escalated last year when methane gas utility NW Natural poured millions of dollars into a misinformation campaign, leading our legitimately implemented ordinance to referendum.

Today, NW Natural is still trying to push false narratives. It claims that gas appliances are necessary during emergency situations such as the ice storm last winter, when this is simply not true.

Milla Vogelezang-Liu (18) is a recent graduate from South Eugene High School, who plans to major in environmental science at Brown.

Molly Babcock (22) is a recent graduate of the University of Oregon pursuing environmental communications in Eugene.

Less than half of homes in Eugene are powered by gas, and many of those homes were out of heat during the storm anyway. **Gas will never be a community-wide solution to future climate disasters; it is the cause. Investing in electric grid hardening will prepare us for future disasters and set Eugene on the right path.**

We can't let NW Natural, a multi-billion dollar outside corporation, interfere in our local politics. It is trying to make decisions that harm Eugenians, simply for the sake of dirty profits. As youth, we find it outrageous that they are even given a say. **How can the city regard NW Natural's money-hungry opinion over us, and our right to a livable future? It is the council's responsibility to think of the future of Eugenians. The city is failing us by stalling climate policy in Eugene.**

Mayor Vinis should fulfill her responsibility to young people by implementing strong, enforceable climate policy focusing on reducing greenhouse gas emissions through residential electrification. As a departing mayor, she should leave a legacy of climate action not a legacy of climate failure. Our future depends on it.



WITHOUT CONCRETE
CLIMATE ACTION
EUGENE IS FAILING ITS YOUTH

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SAVAGE LOVE

BY DAN SAVAGE



My question could come across as kink shaming. That is not my intent. I am a habitual self-harmer who is planning to seek therapy. However, I find myself unable to stop comparing attitudes towards the kind of self-harm I've engaged in with attitudes toward BDSM pain play. When I was a teenager, I would describe myself as a masochist because I was unaware of the sexual connotations of the word, and I bought into the stereotype that self-harm was only self-harm when it was done by an emo kid cutting themselves with a razor blade. My method was different: blunt force. In my view, the self-harm I engage in is no less ethical or healthy than the kind of "pain play" I've read about others engaging in.

My self-harm provides catharsis for the sadness and anger I feel. Sometimes when my negative emotions are intense, I feel as if they will burst my body and I am desperate to release them. In these times I find relief in turning emotional pain into physical pain. I haven't always done this as safely as I could. Last year, during one of the most difficult years of my life, I failed to consider how the visible marks on my body might bother others. I wound up upsetting my coworkers, and now I am facing disciplinary action at work, which has only added to my stress.

I've read that people in BDSM engage in pain play in search of catharsis. I also do it for catharsis. The only difference seems to be the motive. Mine is to cope, and theirs is sexual gratification. I now know how hard I can hit myself without causing lasting injuries. I typically do it alone and discreetly, so non-consenting parties are not involved, and I, of course, consent to the pain I inflict on myself. Yet what I do is perceived as unhealthy and BDSM pain play is considered healthy. Am I wrong to wonder why that is? I feel that people are told not to judge others for their kinks while I am judged and shamed for what I do safely, consensually and in private.

— Perplexed About Intensely Nebulous Esoteric Distinctions
P.S. I have very little sexual experience personally due to almost no one finding me attractive.

Before I bring in the big guns — before I roll out our guest experts — I wanna encourage you to follow through on your plan to see a therapist. Advice columns are great, of course, and the insights and/or dick jokes of a halfway decent advice columnist can help. But your issues — your physical and emotional safety — require more thorough analysis than I could possibly provide for you in this space.

Alright, PAINED, with that said...

I shared your letter with Leigh Cowart, the author of *Hurts So Good: The Science and Culture of Pain on Purpose*, a terrifically entertaining and insightful book about the different ways different kinds of people seek out different kinds of pain.

"I don't think PAINED is seeing similarities where there are none," says Cowart. "What people who practice BDSM do and what PAINED is doing are both ways of using aversive sensation and the brain's reward system to create a desired emotional state."

Americans, as Cowart argues in their book, assess consensual suffering — and so much else — using moral judgments that aren't always consistent or logical. People who seek out pain in socially sanctioned ways — e.g., long-distance runners, mixed martial artists, celebrities who go on chat shows and eat chicken wings slathered in extreme hot sauces, are looked up to — particularly when their pain-seeking behaviors out, "[come] draped in the dignity of athleticism," as Cowart puts it — while BDSM players are subjected to a lot of judgment and shame.

Now, numerous studies have shown that BDSM players are just as emotionally healthy as vanilla people, which is why mental health professionals no longer pathologize people into consensual sado-masochism. But kink muggles don't admire kinksters the same way they admire, say, long-distance runners. A masochist and a marathoner may push themselves to their limits for similar reasons — both may be seeking the rush of endorphins freely chosen pain can induce, both may be seeking the kind of emotional catharsis freely chosen pain can provide.

"While pain on purpose for emotional benefit is common and normal, and while it is not inherently harmful," Cowart says, "it can be harmful — so it deserves a thoughtful risk analysis to assess for avoidable dangers."

To that end, PAINED, Cowart wants you — they want any person seeking out pain on purpose — to think about these questions:

- "Am I emotionally regulated enough to safely give myself catharsis through pain?"
- "Am I looking to feel pain that is temporary or am I risking harm with lasting effects?"
- "Do I feel like I can stop or does this feel compulsive?"

No one wants to see themselves as damaged, PAINED, which means you'll have to be on your guard against rationalizing behaviors that actually might be compulsive and harmful — and if you're showing up to work covered in bruises so alarming you might lose your job over them, that points to compulsive and harmful. So, I would urge you not to engage in solo pain play — if that's how you wanna think of it for now — while you think about Cowart's questions and wait for your first appointment with your therapist.

Cowart had another suggestion for you: If you are emotionally well-regulated, if you aren't doing yourself lasting harm, and you — and your therapist — don't think this is compulsive behavior, you should find some like-minded friends.

"Generally speaking, in potentially risky situations — be it BDSM or rock climbing or swimming or fight club — humans mitigate risk with the buddy system," notes Cowart. "If you're going to do something dangerous, you want to be able to say, 'Hey, watch this!' before you jump, in case someone needs to save your life. If PAINED explored pain catharsis in a more social, structured environment, where there are more explicitly defined boundaries for engagement, he may find deepening catharsis through pain shared."

Your local BDSM group is a good place to find the kind of social, structured environment Cowart is talking about. Most people at the munch you'll attend first and the play party you might attend later will be sexually aroused by BDSM, PAINED, but in every large kink group there are serious players who are seeking emotional release, not sexual release.

Now, for a second opinion, we turn to another Leigh: Leigh Wakeford, a California-based psychotherapist who specializes in shame-resilience work with queer and kinky or kink-curious couples and individuals.

"I am sorry to hear that PAINED feels judged and shamed for the way in which they have learned to cope with their sadness and anger," Wakeford says, "and how their relationship to pain compares to the kind of pain experienced by partners engaging in BDSM pain-play, is a valid thing to contemplate."

There are, however, easily identifiable makers that can help to distinguish healthy BDSM play — which may or may not include consensual and controlled pain play — from emotional or physical abuse.

"Pain-play in BDSM operates within clearly defined boundaries and collaborative parameters that allow for pain to be safely expressed and experienced between the consenting partners," Wakeford explains. "These 'rules' make the interaction with pain playful, pleasurable, and potentially transformative. And there's a greater degree of safety when these things are experienced with another than is possible when engaging in these things alone. What comes to mind for me here are the numerous kinksters who have lost their lives during solo 'breath control' play due to the very fact that another was not present to safely assist and witness."

So, it's unanimous: Cowart, Wakeford and Savage all vote for finding friends who share your interest in safe, sane and consensual impact play. Connecting with others who share your need for release through pain — even if it takes some effort to find them — will not just make you safer, PAINED, it will transform something that currently isolates you from others into something that helps you connect with others.

Good luck.

P.S. Kink scenes tend to be more welcoming spaces for people who don't feel conventionally attractive. For many in the kink scene, PAINED, it's your ability to safely dish it out (your skill set as a Dom) and/or your ability to take it (your appetite as a sub) that matters most, not your jawline or your waistline.

Follow Leigh Cowart on Instagram, Threads and Twitter @voraciousbrain.

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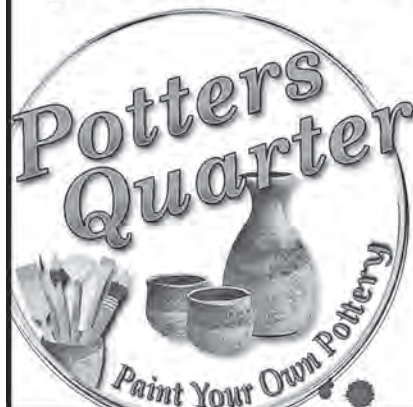
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**IN THE CIRCUIT COURT OF THE STATE OF
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KULP, as personal representative of the
Estate of Norma Lee Benson, Plaintiff, v.
AARON BENSON and CHERYL BENSON,
Defendants. Case No. 24CV12061
SUMMONS To: Aaron Benson and Cheryl
Benson IN THE NAME OF THE STATE OF
OREGON: You are hereby required to
appear and defend the Complaint filed
against you in the above-entitled case
within 30 days from the date of service of
this Summons upon you; and if you fail to
appear and defend, for want thereof, the
Plaintiffs will apply to the court for the
relief demanded therein. The object of the
Complaint and the demand for relief are:
On or around August 18, 2017, Defendants
acquired Norma Benson's property locat-
ed at 89381 Fern Dr., Elmira, Oregon and

the parcel next to it for \$75,000.00 (tax
lots 300 and 400). The total real market
value of the lots via the Lane County
Assessor at that time was \$451,445.00. As
a vulnerable person as defined under ORS
124.100(1)(e), Norma Benson was unduly
influenced by Defendant Aaron Benson to
transfer the property. Defendant Cheryl
Benson knowingly permitted the abuse to
occur. As a result of the financial abuse,
Defendants damaged Norma Benson and
her estate by wrongfully taking property
from Norma for a fraction of its fair market
value. As a result, Plaintiff has suffered
economic damages of \$376,445.00. Plaintiff
is entitled to recover three times that
amount plus her reasonable attorney fees.
NOTICE TO DEFENDANT: READ
THESE PAPERS CAREFULLY! You must
"appear" in this case or the other side will
win automatically. To "appear" you must
file with the court a legal document called a
"motion" or "answer." The "motion" or
"answer" must be given to the court clerk
or administrator within 30 days of the
date of first publication specified herein
along with the required filing fee. It must
be in proper form and have proof of ser-
vice on the Plaintiff's attorney or, if the
Plaintiff does not have an attorney, proof
of service on the Plaintiff. If you have any
questions, you should see an attorney
immediately. If you need help in finding an
attorney, you may contact the Oregon
State Bar's Lawyer Referral Service online
at www.oregonstatebar.org or by calling
(503) 684-3763 (in the Portland metro-
politan area) or toll-free elsewhere in
Oregon at (800) 452-7636. LUVAAAS COBB
/s/ Andrew M.J. Pinchin Andrew M.J.
Pinchin, OSB # 134548 apinchin@luvaas-cobb.com Of Attorneys for Plaintiff Trial
Attorney First Publication Date: June 13th,
2024

**IN THE CIRCUIT COURT OF THE STATE OF
OREGON FOR THE COUNTY OF LANE** In the
matter of the marriage of Andres Llaarena,
Petitioner, and Lauren M. Llaarena,
Respondent Case No. 24DR08553
SUMMONS FOR FAMILY LAW CASE.
NOTICE TO RESPONDENT LAUREN M.
LLAARENA. Your spouse, partner, or child's
parent has filed a Petition asking for
Divorce or dissolution of your registered

SUDOKU

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3	9							

Place numbers 1-9 so that each row, column and 3x3 square has each number only once.

Pam Haggard
Principal Broker



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weekly**

domestic partnership. (RDP) You must "appear" in this case or the other side will win automatically. To "appear," you must file a legal paper called a "Response" or a motion. Response forms are available through the court above or online at www.courts.oregon.gov. Talk to a lawyer for information about appearing by motion. Your Response must be filed with the court clerk at the court named above within 30 days of the date of first publication specified herein: June 6th, 2012, along with the required filing fee (go to www.courts.oregon.gov for fee information.) It must be in proper form and you must show that the Petitioner's lawyer (or the Petitioner if he or she does not have a lawyer) was formally served with a copy of the Response according to the service rules. Service rules are included in Instructions for Respondents, available at www.courts.oregon.gov. If you have questions, see a lawyer immediately. If you need help finding a lawyer, you can call the Oregon State Bar's Lawyer Referral Service at 503-684-3763 or toll free in Oregon at 800-452-3763, or go to www.oregonstatebar.org.

NOTICE OF STATUTORY RESTRAINING ORDER PREVENTING THE DISSIPATION OF ASSETS IN DOMESTIC RELATIONS ACTIONS. REVIEW THIS NOTICE

CAREFULLY. BOTH PARTIES MUST OBEY EACH PROVISION OF THIS ORDER TO AVOID VIOLATING THE LAW. SEE INFORMATION ON YOUR RIGHT TO A HEARING BELOW. To the Petitioner and Respondent: Under ORS 107.093 and UTCR 8.080, neither Petitioner nor Respondent may: INSURANCE POLICIES (1) Cancel, modify, terminate, or allow to lapse for nonpayment of premiums any policy of health insurance, homeowner or renter insurance, or automobile insurance that one party maintains to provide coverage for the other party or a minor child of the parties, or any life insurance policy that names either of the parties or a minor child of the parties as a beneficiary. INSURANCE BENEFICIARIES (2) Change beneficiaries of covered parties under any policy of health insurance, homeowner or renter insurance, or automobile insurance that one party maintains to provide coverage for the other party or a minor child of the parties, or any life insurance policy. PROPERTY (3) Transfer, encumber, conceal, or dispose of property in which the other party has an interest, in any manner, without written consent of the other party or an order of the court, except in the usual course of business or for necessities of life. (4) Paragraph (3) does not apply to payment by either party of: (i) Attorney

fees in this action; (ii) Real estate and income taxes; (iii) Mental health therapy expenses for either party or a minor child of the parties; or (iv) Expenses necessary to provide for the safety and welfare of a party or a minor child of the parties.

EXPENSES (4) Make extraordinary expenditures without providing written notice and an accounting of the extraordinary expenditures to the other party. This does not apply to payment of expenses necessary to provide for the safety and welfare of a party or a minor party of the parties.

EFFECTIVE DATE: The above provisions are in effect IMMEDIATELY upon service of the Petition and Summons on the Respondent. They remain in effect until a final judgment is issued, until the petition is dismissed, or until further ordered by the court.

RIGHT TO REQUEST A HEARING. Either Petitioner or Respondent may request a hearing to modify or revoke one or more terms of this restraining order, by filing with the court the Request for Hearing re: Statutory Restraining Order form specified in Form 8.080.2 in the UTCR Appendix of Forms.



Across

1. ___ school (doc's training ground)
4. "___ and the Pussycats"
9. Short story writer H.H. Munro's pen name
13. Guac source, casually
14. Make changes to
15. "___ say a word"
17. Square
20. Quality of sound
21. Show lots of love
22. Automotive pioneer Benz
23. Online bidding site
26. Tommy Lee Jones, in "Men in Black"
28. Menlo Park surname
31. "Inception" director Christopher
33. Square
35. Caustic cleaning solution
38. Get ready
39. Jr.'s son, sometimes
40. "I'm in the ___ for love"
41. "Delta of Venus" author Anaïs

42. Square
46. Selected
47. Aisle guides
48. Denver-based "Baby Bell" telephone company until 2000
51. Word before bar or after swan
52. What the world will do on its axis
53. Tail end
56. Certain loaves or whiskeys
60. Square
64. Style where what's old is new again
65. SAC-AFTRA, for example
66. Lucy of "Elementary"
67. Recolors
68. Element number 54
69. Former "Tonight Show" announcer Hall

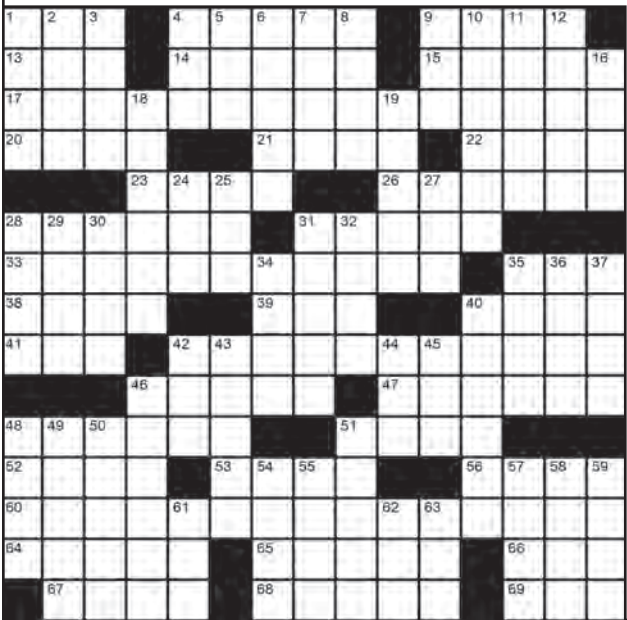
Down

1. "Will & Grace" guest star
Bomer
2. Cooking acronym
popularized by Rachael Ray

“Square Knots”
--and there's a twist.

3. Like this clue (and many others)
4. "You Are" band Pearl ____
5. Cockney residence for 'Enry, maybe
6. In poor shape
7. Enthralled with
8. Update a LinkedIn profile, perhaps
9. "Marry the Girl" (1937) screenwriter Herzog, or "Deadliest Catch" captain Hansen
10. Greet the day
11. 114-chapter holy book
12. Like 68-Across, chemically
16. "Me ____ Pretty One Day" (2000 David Sedaris essay collection)
18. Liam with a particular set of acting skills
19. "Seraph on the Suwanee" novelist Zora ____ Hurston
24. "____ voyage!"
25. Lauren Bacall's first movie, "To Have ____ Have Not"
27. Long-jawed freshwater fish
28. Home of "SportsCenter"
29. Place to order a sandwich and a huge pickle
30. "____ See Clearly Now"
31. The color of coffee from a French press?
32. Hurty boo-boo
34. Cherry leftovers
35. Opera house seating section
36. "Habibi (I Need ____ Love)" (2014 single by Shaggy)
37. Dreyer's ice cream, east of the Rockies
40. "Thanks for coming to the rescue"
42. Nervous speaker's pause sounds
43. "The Hunchback of ____ Dame"
44. Rapa ____ (Easter Island, to locals)
45. "seaQuest ____" (1990s sci-fi TV series)
46. Middle, in Manitoba
48. "Back in the ____" (Beatles

28. Home of "SportsCenter"
29. Place to order a sandwich and a huge pickle
30. "___ See Clearly Now"
31. The color of coffee from a French press?
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40. "Thanks for coming to the rescue"
42. Nervous speaker's pause sounds
43. "The Hunchback of ___ Dame"
44. Rapa ___ (Easter Island, to locals)
45. "seaQuest ___" (1990s sci-fi TV series)
46. Middle, in Manitoba
48. "Back in the ___" (Beatles hit)
49. June 1994 release starring Keanu Reeves (yes, it's 30!)
50. Clever and funny
51. Sap of energy
54. Parisian waters
55. "SNL" guest host Hathaway
57. Christmas season
58. "National Velvet" novelist Bagnold
59. Poker variant
61. ___ Angeles Kings
62. Dove noise
63. Anderson Cooper's network



ANSWERS TO LAST WEEK'S

ARIES (MARCH 21-APRIL 19): I love being logical and reasonable! The scientific method is one of my favorite ways to understand how the world works. I am a big fan of trying to ascertain the objective facts about any situation I am in. However, I also love being intuitive and open to mystical perceptions. I don't trust every one of my feelings as an infallible source of truth, but I rely on them a lot to guide my decisions. And I also believe that it's sometimes impossible to figure out the objective facts. In the coming weeks, Aries, I suggest you give more weight than usual to the second set of perspectives I described. Don't be crazily illogical, but proceed as if logic alone won't provide the insights you need most.

TAURUS (APRIL 20-MAY 20): In their book *Your Symphony of Selves*, Jordan Gruber and James Fadiman propose a refreshing theory about human nature. They say that each of us is a community of multiple selves. It's perfectly natural and healthy for us to be an amalgam of various voices, each with distinctive needs and forms of expression. We should celebrate our multifaceted identity and honor the richness it affords us. According to my analysis of astrological omens, the coming weeks will be an excellent time for you to exult in your own symphony of selves and make it a central feature of your self-understanding.

GEMINI (MAY 21-JUNE 20): In the second half of 2012 and the first half of 2013, you launched a journey that will finally culminate soon. What a long, strange and interesting trip it has been! The innovations you activated during that time have mostly ripened, though not entirely. The hopes that arose in you have brought mixed results, but the predominant themes have been *entertaining lessons* and *soulful success*. I hope you will give yourself a congratulatory gift, dear Gemini. I hope you will luxuriate in a ritual celebration to commemorate your epic journey. The process hasn't been perfect, but even the imperfections have been magical additions to your life story.

CANCER (JUNE 21-JULY 22): I suspect you may have metaphorical resemblances to a lightning rod in the coming weeks. Just in case I'm right, I urge you not to stroll across open fields during thunderstorms. On the other hand, I recommend that you be fully available to receive bolts of inspiration and insight. Put yourself in the presence of fascinating events, intriguing people and stirring art. Make yourself ready and eager for the marvelous.

LEO (JULY 23-AUG. 22): "It's hard to get lost if you don't know where you're going," said experimental filmmaker Jim Jarmusch. He's implying that there's potential value in getting lost. Unexpected discoveries might arrive that contribute to the creative process. But that will only happen if you first have a clear vision of where you're headed. Jarmusch's movies benefit from this approach. They're fun for me to watch because he knows exactly what he wants to create but is also willing to get lost and wander around in search of serendipitous inspirations. This is the approach I recommend for you in the coming weeks, dear Leo.

VIRGO (AUG. 23-SEPT. 22): Does any person or institution own a part of you? Has anyone stolen some of your power? Does anyone insist that only they can give you what you need? If there are people who fit those descriptions, Virgo, the coming weeks will be an excellent time to fix the problems. According to my understanding of life's rhythms, you can summon the ingenuity and strength to reclaim what rightfully belongs to you. You can recover any sovereignty and authority you may have surrendered or lost.

LIBRA (SEPT. 23-OCT. 22): In ancient Greek myth, Sisyphus was a forlorn character punished by the gods. He was required to push a boulder from the bottom to the top of a hill. But each time he neared the peak, the big rock, which had been enchanted by the crabby god Zeus, slipped away and rolled back down the hill. The story says that Sisyphus had to do this for all eternity. If there have been even minor similarities between you and him, Libra, that will change in the coming months. I predict you will finally succeed — is this your fifth attempt? — in finishing a task or project that has, up until now, been frustrating.

SCORPIO (OCT. 23-NOV. 21): Is it possible to reap spiritual epiphanies while having sex? Can intense physical pleasure be a meditation that provokes enlightened awareness? Can joy and bliss bring learning experiences as valuable as teachings that arise from suffering? Here are my answers to those three questions, Scorpio, especially for you during the next four weeks: yes, yes, and yes. My astrological ruminations tell me that you are primed to harvest divine favors as you quest for delight.

SAGITTARIUS (NOV. 22-DEC. 21): Your animal magnetism and charisma could be wildly potent in the coming weeks. I'm worried that as a result, you may be susceptible to narcissistic feelings of entitlement. You will be extra attractive, maybe even irresistible! But now that you have received my little warning, I hope you will avoid that fate. Instead, you will harness your personal charm to spread blessings everywhere you go. You will activate a generosity of spirit in yourself that awakens and inspires others. Do not underestimate the electrifying energy pouring out of you, Sagittarius. Vow to make it a healing medicine and not a chaotic disruptor.

CAPRICORN (DEC. 22-JAN. 19): I've had thousands of crucial teachers. There would be no such thing as me without their life-changing influences. Among that vast array have been 28 teachers whose wisdom has been especially riveting. I feel gratitude for them every day. And among those 28 have been five geniuses who taught me so much so fast in a short period of time that I am still integrating their lessons. One of those is Capricorn storyteller and mythologist Michael Meade. I offer you these thoughts because I suspect you are close to getting a major download from a guide who can be for you what Meade has been for me. At the very least, you will engage with an educational source akin to my top 28.

AQUARIUS (JAN. 20-FEB. 18): In one of my previous lifetimes, I was a bricoleur — a collector and seller of junk who re-used the castaway stuff in new ways. That's one reason why, during my current destiny, I am a passionate advocate for recycling, renewal and redemption — both in the literal and metaphorical senses. I am tuned in to splendor that might be hidden within decay, treasures that are embedded in trash, and bliss that can be retrieved from pain. So I'm excited about your prospects in the coming weeks, Aquarius. If you so desire, you can specialize in my specialties.

PISCES (FEB. 19-MARCH 20): Some people imagine that being creative means having non-stop spontaneous fun. They think it's primarily exuberant, adventurous and liberating. As a person who prizes imaginative artistry, I can testify that this description is accurate some of the time. But more often, the creative process involves meticulous organization and discipline, periods of trial-and-error experimentation, and plenty of doubt and uncertainty. It's hard work that requires persistence and faith. Having said that, Pisces, I am happy to say you are now in a phase when the freewheeling aspects of creativity will be extra available. You're more likely than usual to enjoy spontaneous fun while dreaming up novel ideas and fresh approaches. Channel this energy into an art form or simply into the way you live your life.

Homework: If you'd like to give me a gift for my birthday on June 23, consider signing up for my newsletter: Newsletter.FreeWillAstrology.com.

Go to RealAstrology.com

CHECK OUT EXPANDED WEEKLY AUDIO HOROSCOPES AND DAILY TEXT MESSAGE HOROSCOPES.

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JUL 20

CANNONS



KNITTING FACTORY

AUG 13

LAY DOWN MY LIFE TOUR



KESEY

DEC 21

THIEVERY CORPORATION

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KESEY

OTHER UPCOMING EVENTS: 7/12 Adam Carolla • 8/8 Kip Moore • 8/18 K.Flay • 9/6 Rodrigo Y Gabriela • 9/21 Celtic Thunder • 9/23 Hot Tuna • 9/24 Ricky Montgomery • View all events at McDonaldTheatre.com

Nancy's
PROBIOTIC
FOODS

Weekly



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AUG 9

EMANCIPATOR + BEATS ANTIQUE



KESEY

AUG 14

Squeeze Boy GEORGE
SUMMER TOUR



KESEY

AUG 17

JOHN FOGERTY

CELEBRATING HIS SONGS FROM
CREEDENCE CLEARWATER REVIVAL

WITH SPECIAL GUESTS
GEORGE THOROGOOD
DESTROYERS
& HEARTY HAR




KESEY

AUG 25

The Beach Boys

ENDLESS SUMMER GOLD



KESEY

SEP 4

LINDSEY STIRLING
THE DUALITY

US TOUR '24
with special guest
SAINT MOTEL



KESEY

SEP 5

HIP FROM MY FRIENDS SUMMER TOUR

SWITCHFOOT | blue october | matt nathanson



KESEY

SEP 12

TOM SEGURA

COME TOGETHER



KESEY

SEP 21

FLOYDIAN SLIPS

live performances of
The Dark Side of the Moon
and
Wish You Were Here
plus fan favorites



KESEY

SEP 24

GOOSE

SEPTEMBER 2024



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